Guidelines for patients/providers desiring use of the low-intervention birth room:

All individuals wishing to labor in the tub should meet the following criteria:

1) Healthy low-risk pregnancy
2) Ability to be mobile and ambulate during labor
3) Adequate preparation for a natural un-medicated birth (without regional anesthesia)
4) Agrees to move to a traditional room if the situation warrants as determined by medical team
5) Has reviewed and signed the low intervention agreement of understanding

I _____________________, understand that if I have or should develop any of the following conditions, that I am not a good candidate for laboring in the tub.

1) Diabetes in pregnancy
2) History of shoulder dystocia or concern for a possible dystocia at the time of delivery
3) Concerns about blood pressure including, but NOT limited to
   a) induction of labor for gestational hypertension
   b) concerns for pre-eclampsia
4) Prior cesarean section
5) Multiple gestation
6) Gestational age less than 37 weeks or greater than 42 weeks
7) Chorioamnionitis
8) Patient doesn’t agree to being transferred to a traditional room if needed/recommended
9) No natural childbirth preparation
10) Any condition where continuous fetal monitoring is needed
11) Any circumstance for which the healthcare providers do not deem a natural birth safe
12) Desire for regional anesthesia
13) Pre-pregnancy BMI of 35 or greater - or concern for limited mobility during the labor process
14) Fetal anomalies requiring the presence of the NICU team

I _____________________, understand and agree that I will freely and willingly get out of the tub if the medical team determines that any of the following conditions or care modalities are required:

1) Obtains an epidural
2) Pitocin augmentation
3) Insulin drip
4) Magnesium administration (diagnosis of pre-eclampsia with severe features)
5) Chorioamnionitis

I _____________________ acknowledge that I have read and reviewed the above material with my provider _____________________ and that I understand and agree to abide by the conditions defined within.

(Signature)  (Date)  (Provider)  (Date)
Guidelines for patients who do NOT meet criteria for use of the tub, but wish to labor in the low-intervention rooms.

The rooms are best suited for patients meeting the following criteria:

a. Criteria for patients wishing to labor in the low-intervention rooms:
   i. Ability to be mobile and ambulate during labor
   ii. Adequate preparation for a natural un-medicated birth (as determined by the patient’s healthcare provider – examples of preparation include prior planned un-medicated delivery or childbirth class attendance)
   iii. Patient agreement to move to a traditional room if the situation warrants (i.e. decides to have regional anesthesia).

b. Criteria for patients planning to labor and/or deliver on the Murphy platform bed:
   i. No Diabetes (pre-gestational or gestational)
   ii. No history of shoulder dystocia (or concern for a possible dystocia at the time of delivery)
   iii. No multiple gestation
   iv. Gestational age less than 42 weeks
   v. No pre-eclampsia requiring magnesium administration
   vi. Patient agrees to be transferred to a traditional room if needed/recommended
   vii. Pre-pregnancy BMI less than 35 (and no concerns for an inability to be mobile during labor)

Using the above as guidance, the patient is a good candidate for:

_____ Use of the low intervention room with use of the Murphy platform bed.

_____ Use of the Low-intervention room with a traditional hospital bed in place. This patient should not deliver on the Murphy platform bed. In this case, the patient understands that they may not be placed in the low-intervention rooms. The census will be reviewed by the charge nurse and she will determine if the patient should be placed in the low-intervention room.

Once this document has been reviewed with the patient, please fax to labor and delivery and give the patient a copy to bring to hospital.

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